IARC views on ETS and health

A review of the recent published literature

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1. <u>IARCviewsin1986</u>

In 1986, in their monograph 38 on Tobacco Smoking (1), the International Agency

"Cancersrelatedtopassiveexposuretotobaccosmoke."Thischaptercontainedthree sections:

(a) <u>Cancer</u>

control studies were reviewed briefly. The authors concluded that "Several epidemiological studies have reported an increased risk of lung cancer in nonsmoking spouses of smokers, although some others have not. In some studies,

of spouses' smoking. Each of the studies had to contend with substantial difficulties indetermination of passive exposure to to baccosmoke possible risk factors for the various cancers studies. The resulting errors could arguably have artefactually depressed or raised estimated risks, and, as a consequence, each is compatible either with an increase or with an absence of risk. As the estimated relative risks are low, the acquisition of further evidence bearing on the issue may require large-scale observational studies involving reliable

their

many

of

risk, on the assumption that the smoking habits of spouses are correlated", and that

anunderestimationofrisk."

- (b) <u>Cancers</u> therehadbeenreportsthatETShadbeenrelatedtocanceratallsites,tonasal sinus thelung,butnotedthat"thesefindingswereatpresentdifficulttointerpret,as
- (c) <u>Childhood</u> reviewed,IARCconcludingthatthestudiesdidnot"provideclearevidenceas towhetherornotthereisaclearassociationwithparentalsmoking."

1

Elsewhere in the monograph, in the last paragraph

the

of the nature of sides tream and mainstream smoke, of the materials absorbed during 'passive

commonly

passivesmokinggivesrisetosomeriskofcancer."Itisalsonotedthat"itisunlikely thatanyeffectswillbeproducedinpassivesmokersthatarenotproducedtoagreater extent

inpassivesmokers."

2. LaterpapersbyIARCmembers

2.1 Paperspublishedbetween1986and1994

This review concerns papers published subsequently by IARC staff members (2-21). The areas covered by each of the papers are summarized in <u>Table1</u>. It can be seen that lung cancer has been given particular attention, with other topics receiving much less attention.

2.2 <u>ThereputationofIARC</u>

Overthe years, publications emanating from IARC have generally acquired a good in the as Evaluation the IARC scientific publication series.

One

which IARC built their reputation is that, while the latter were compiled by working groups

staff and it is not at all clear that they are necessarily based on the same degree of expertise. InasmuchasIARCareapartofWHO, and WHO has taken many steps to discourage

scientific objectivity as would review sprepared by a panel of independent experts.

The

published by IARC staff members since 1986 put forward valid and scientifically defensibleviews and more generally to judge the quality of the papers.

This

standards that IARC has adopted or endorsed as an institution in reviewing epidemiologic

should be classified as carcinogenic. The final paper will assess how IARC has

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approached substances other than ETS in reaching a conclusion concerning carcinogenicity.

2.3 <u>Structureofthisreport</u>

These comments start by looking at the areas considered in less detail in the IARC adulthood considered work is given (section 6). References (section 7) will be given to the specific IARC paper being considered, but usually not to paper scited within that paper. Appendix A (an any case gives full references to

ofwhichwerenotcitedintheIARCpapers).

3. PossibleeffectsofETSexposureinchildhood

3.1 <u>Cancer</u>

TheonlypaperprovidingevidencehereisthatbyTrédaniel<u>etal</u>in1994(16). Itisconcernedwithtwomajorendpoints,<u>childhoodcancer</u>and<u>cancerinadulthood</u>.

With regard to <u>childhood cancer</u> the authors conclude that "The associations between maternals moking during pregnancy and childhood cancer have been studied intensively,

between

by either parent during the child's lifetime, has been little studied. Again no clear associations have been identified." These conclusions accord well with those of an unpublished

updated

describing the relevant evidence reasonably, making appropriate criticisms of some of the

and taking account of the various sorts of bias.

One of the problems of the evidence here is that much of it does not relate directly to ETS exposure, but to smoking in pregnancy. There is no guarantee that mothers

and,

in

the

paper"exposureto<u>passivesmoking</u>duringpregnancyandchildhood,andcancerrisk: the epidemiological evidence" is somewhat misleading since a fetus is not a passive smoker.

As

association has been established, and as it is clear that their review is reasonably thoroughandthoughtful, thereseems little pointing oing into detail about the specific statements made about childhood cancer.

 $The section on \underline{cancer in a dulthood}, relating to {\tt ETS} exposure in childhood is, however, a very different affair, being a totally superficial and in a dequate summary of the$

studies.

test is cancer and maternals moking during pregnancy, and no comment need be made.

ThestudybySandler<u>etal</u>iscitedasshowingasignificantlyincreasedriskof cancer of haemopoietic tissue in relation to maternal smoking in childhood and a significantly

(and

smoking

Sandlerstudy. These include

- (i) failuretotakeintoaccountsite-specificconfounders,
- (ii) selectingascasescancersurvivorsratherthanincidentcancercases,
- (iii) selecting

hardly representative of the population at large, nor are those who agree to cooperate when contacted by telephone, and

(iv) obtaining

questionnaires

- as
- differed.

Aparticularlyseriousweaknessofthereviewistheconclusionfromtheother three studies (Correa, Wu, Janerich) that "there is some consistency of association between

there is vastly more evidence on this subject than this which, when taken as a whole, leads to the conclusion that there is no association at all. Inmy 1992 (26) book I cited results from 12 studies (Akiba, Correa, Gao, Garfinkel, Janerich, Kabat, Koo, Pershagen, Sobue, Svensson, Wuand Wu-Williams) which provide destimates of the relationship

(from

significant relative risk very close to 1, of 0.98 (95% limits, 0.86-1.12), an estimate

which has remained essentially unchanged with the inclusion of new results from the Brownson,

alistosomeextentmisleading-thus:

Correa

combined, when it is normal (to avoid bias) to restrict attention specifically to never smokers. Correa<u>etal</u> reported that there was no significant relationship if attention is sore stricted, though they presented no relative risk estimates.

Wu

nonsmokers, Wu<u>etalg</u>avearelativeriskof0.6(95%limits,0.2-1.7)ifeitherparent smoked, hardlysuggestiveofapositiverelationship.

Janerich study - why do Trédaniel <u>et al</u> cite only the relative risk estimate for 25+ smoker-yearsexposure? They conceal the fact that there was no elevation of risk for 1-24 smoker-years exposure and that, overall, those who were exposed to ETS in childhood and adolescence did not have a significantly increased risk of lung cancer compared to those who were exposed. They also do not point out that "smoker-years" of exposure is an index which, by its very construction, is heavily correlated with the number of persons in the household. This factor could be associated with diseaserisk for numerous reasons, and it was a clear error not have adjusted for it in the statistical analysis.

3.2 Otherendpoints

A

thehealthofchildren.Someofthesemerelyciteconclusionsinintroductorysections inpapersmainlyconcernedwithcancer.Forexample:

(i) in

supportiveofpossiblemildeffectsonrespiratoryfunction",

 (ii) in 1992 Boffetta and Saracci (9) referred to "acute respiratory illnesses (in particularamongchildren)" as being among the health effects "associated with ETS exposure", and

(iii) in

acknowledged

or

their respiratory function parameters are compromised and the growth of respiratory function is slowed down; and finally that there is a correlation betweenpassivesmokingandchildhoodasthma."

The

detail,

of

hospitalization, chronic respiratory symptoms, bronchial hypersensitivity, as thm a and pulmonary function development, but without citation of any studies in support of this view. There is reference to some relevant facts, viz.

(i) that

duringpregnancy,

(ii) that,

 $of risk from {\it ETS}, and$

(iii) that

ofclearclinicalrelevance.

However,

other risk factors associated with these diseases, some of which are associated with parental

in

possibility

insmokersthannonsmokersandmaybepassedontothechild,amechanismthathas nothing

are often reported only in some studies - no attempt is made to come to a careful overviewofthetotalevidence.

The

data, presenting tables of results for acute respiratory infections (Table I), chronic respiratory

and ventilatory function - longitudinal studies (Table IV). However it is totally superficial,

the

is

evidence

potential

infectionfromtheparents, and effects of smoking in pregnancy.

The

 $value in determining whether {\it ETS} exposure has an effect or not.$

4. <u>Possibleeffectsinadultsotherthanlungcancer</u>

4.1 <u>Heartdisease</u>

Heart

that

the

associatedtoETSexposure."

Only

and even then only half a page and one table is allocated. The authors state in the summarythat"inadults, passives moking seems to be one of the main risk factors for cardiovascular diseases", and in the conclusion section they cite the estimate of Wells (24) that 32,000 US deaths from heart disease in 1987 are are sult of passives moking (though they note this must be considered with caution). Their conclusions are based mainly on the results of 8 studies comparing mortality due to heart disease among nonsmoking

relativerisk estimates and confidence intervals in Table 20fthe paper. Seven of the eight

- of
- be

other

disease in relation to spousal smoking, they believe a causal association is likely. Furthermore, because the relativerisk of 1.3 is quite large compared to that for active smoking, which they estimate at 1.7, they conclude that "a substantial portion of the deaths due to heart disease can be attributed to environmental smoking".

This

is confounding by other risk factors-they note that "the force of this relationship is tempered

(nutrition, high cholesterol levels, blood pressure, etc.)" - but even here they do not attempt to consider relevant evidence relating to confounding. For example, are cent paper by Thornton etal (25) admitted ly published after the Trédaniel paper, has made it

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factors, and that this association may well cause important confounding.

Amongerrorsofcommissionandomissionintheirreviewarethefollowing:

(i) Failure in both for details of these weaknesses (26) and for references to all the studies whichinterestinglyTrédanieletaldonotgive!). (ii) FailuretopointoutthatboththeHirayamaandHelsingstudieshavereported inconsistent at shortextensiontothefollow-upperiod. (iii) FailuretorealisethattheresultscitedfromGillis(1984)hadbeensuperseded. In correctingandupdatingtheearlierresults. (iv) Misleadinglystatingthatadose-relationhadbeenfoundinsomestudieswhen atbestitwasonlyevidentincertainsubgroups. Thusinthe Helsingstudy, the trend in risk in relation to increasing exposure was noted in the paper to be "negligible" in men - indeed the point estimates (1.00, 1.38 and 1.25 for an exposurescore of 0, 1-5 and 6+) decreased with increasing positive exposure. Though 1.27 for the same scores) it was clear that the significance of the trend statistic resulted and In the Humble study the authors note that a trend was only seen among highsocial status whites and even then it was not quite statistically significant (0.05<p<0.06). (v) Failingtoconsiderthepossibilityof my place that Secondly, there was a strong and statistically significant tendency for smaller

studies

known

by LeVois and Layard (27), based on the two huge American Cancer Society studies CPS-I and CPS-II, and by Layard (28) based on the National Mortality Follow back

As

vastlymorethanalltherestoftheevidenceputtogether, shownorelationship whatsoever

to

wasastrongpossibility.

<u>Summaryofresultsfromrecentlargestudies</u> relatingheartdiseasemortalitytospousalsmoking

				Relativerisk
Reference	<u>Study</u>	<u>Sex</u>	Cases	(95%confidencelimits)
27CPS-I		М	7758	0.97(0.90-1.05)
		F	7133	1.03(0.98-1.08)
	CPS-II	М	1966	0.97(0.87-1.08)
		F	1099	1.00(0.88-1.14)
28	NMFS	М	475	0.97(0.73-1.28)
		F	914	0.99(0.84-1.16)

(vi) Failure

а

lower

These

havesubstantiallymoreETSexposurethandopassivelyexposednonsmokers. They would only seem to make sense in causal terms, if ETS but not active smoking,

their ETS exposure). This possibility, which in any case seems highly implausible, is not even discussed in the paper.

4.2 Non-neoplasticrespiratorydisease

WhileverybriefmentionofapossibleassociationofETSwithnon-neoplastic respiratory

are

 $the results of a case-control study conducted in A thens. \ Four of the five authors are based$

married

who denied ever having smoked, and controls were 179 ever-married never smoking women of the same age who were friends or relatives at the same hospital. After controlling for age and occupation, a dose-related trend analysis showed positive relationships, both with number of cigarettes smoked daily and with lifelong total consumption,

that

to the cause of COLD", arguing that the relative risk was too large to be explained by smoking

risks were 1.0,0.9,2.6 and 1.6 for a husband who was a non-smoker, ex-smoker or smokerofupto 1 ormorethan 1 packaday) was unsurprising, gives the multitude of factors that may be involved in the aetiology of COLD. The paper is in fact unimpressive for a number of reasons, including:

(i) thesignificanceismarginal, and could quite easily be due to chance;

(ii)

exposureofactiveandpassivesmokerstosmokeconstituents;

(iii) COLD

а

Greece.ItseemsremarkablethatsomanyneversmokingwomenwithCOLD couldactuallybefoundinonehospitalin2years;

(iv) Adjustmentforpotentialconfoundingfactorsisverylimited.If,astheauthors state,themultitudeoffactorsinvolvedintheaetiologyofCOLDcould

a

the

are so important, it was surely essential to take account of the min analysis.

(v) Controlsselectedfromthe extremely

13

adequateaccountingforpotentialconfoundingfactors.

(vi) According to my own calculations I do not make the trend chisquared values anything like assignificant as the authors claim.

The

evidence

arecitedatall,theauthorarrivingatfivegeneralconclusions:

- (i) ETScausesirritationofthemucosaeinthenose,throatandupperairways;
- (ii) A

cough,phlegmandwheezeispossible,buttheevidenceisunclear;

- (iii) Lung function is clearly related to ETS, though more sensitive measurements suchas flow-volume loops usually shows omedimination of performance;
- (iv) There is a possible association between ETS and COLD; and
- (v) ETStriggersrespiratorysymptomsinasthmatics.

Indiscussion, the authors refer to possible biases due to inadequate exposure measurement (sounderestimating atrue association) and to inclusion of misclassified smokers

at

greatvalue. Iwillconsider their specific claims when Irefert otheir final paper (17) which, published in 1994, is a much more detailed review of the evidence.

The

ways. A large number of studies are cited, many key results are presented intabular form, and there is a reasonably long discussion on bias and confounding factors and criteria for a causal association. While the list of potential sources of bias considered includes a number of the important ones (including misclassification of smokers as nonsmokers, misclassification of ETS exposure and confounding) and the major conclusions plausible, it remains controversial whether ETS exposure is associated with chronic respiratory symptoms and occurrence of chronic obstructive pulmonary disease, including as thma. Most of the studies that have used the most sensitive indicators of pulmonary function have suggested an egative impact of ETS exposure. However, if really present, the physiological significance of such small changes is unclear, and the relationship to long-term changes in lung function is not established."

areeminentlyreasonable. Thereare, however, a number of limitations to there view:

(i) All

outflaws in design and analysis, although for a number of studies these have been pointed out in the literature.

(ii) No

rest

no,

White, showing an absolutely massively strong relationship.

(iii) No

where ETS exposure is self-defined, an association between symptoms and reported exposure may arise, not because exposure causes the symptoms, but because the presence of symptoms may be associated with the likelihood of considering oneself exposed (or heavily exposed).

- (iv) The structure of the paper does not always make it clear how conclusions are reached. There is a paragraph for each study describing its results, often also expressed in a table, and later a conclusion, but no attempt is made to do any form of meta-analysis or to make it clear what process was used to reach the overall conclusion from the study summaries.
 - Ι

review

the earlier paper stated categorically that (translation from French)" passive exposure to

the later paper refers to the "conflicting evidence [that] exists on the association in asthmaticpatients between ETS exposure and appearance of symptoms and functional

abnormalities(includingchangeinbronchialresponsiveness)".

Iamnotfamiliar with the full evidence on all the endpoints considered in this review (17) and lack of time precludes a detailed commentary on the accuracy and selectiveness

ETStoCOLD.Heredatafrom6studiesarecited(Simecek,Hirayama,Lee,Sandler, KalandidiandEuler)thoughresultsfromonly5aretabulated.Thereviewnotesthat "fouroutof

ETS

 $by Kalandidi\underline{etal}, they have provided limited information and we rebased on a small number$

givingtheimpressionofapossibleassociationismisleadingforanumberofreasons:

- (i) The Simecek study does not provide any information on COLD<u>etal</u>. It is a cross-sectional
 - havebeen considered in that section to the review.
- (ii) No

studies(asdescribedinmybook(26)).

- (iii) None
- (iv) Virtually all the associations cited in the relevant table of the review are not statistically

limits

the significant association is with spousal smoking of 1-20 cigar ettes aday but not for spousal smoking of 21+cigar ettes aday. In the latter study the COLD relative

seemshigh, at 5.65, it is based on only 2 deaths in the unexposed group, and would probably not be statistically significant had an exact rather than an asymptotic test been used.

4.3 <u>Cancerotherthanthelung</u>

In1993Trédaniel

have

etc.)"andpointedoutthat"thesehypotheses,whichremaintobeconfirmed,wouldbe

very

and

(9).Neitherpaperactuallydetailedordiscussedtheevidence.

Theonlypaperwhichhasinvestigatedtheevidenceinanydepthisthesecond 1993

nasal

aparagraph for each study and, for most tumours, a summary table of results. Then, following sections discussing the role of chance, bias and confounding and the criteria for a causal association, the following over all conclusion is reached.

"No definite conclusions can be drawn at present from a critical review of the epidemiologicalevidence, but the suggestion of an association is present for sinon as a cancer,

studies

and the brain, but these are difficult to interpret."

Thereview can be compared with Chapter 4 of my 1992 (26) book which also reviewed

'Overall,itisclearthattheevidenceonETSasapossibleriskfactorforcanceratsites otherthanthelungisfragmentaryandinconclusive. From the dataso far there is no consistent

relationship."

Comparing my chapter and the IARC review (13) reveals a number of deficiencies oftheevidenceforcancersofparticularsites.

Publication

that the American Cancer Society have two huges tudies with relevant data that have failed

the sites considered, all one has a resingle reports of associations from small studies, often

cometoadecision.

Failure

the available results for all cancer types, where as IARC's review has only considered specific types. Since associations with ETS were not reported for these other cancer types, the effect of IARC's omission is to give the impression that the proportion of reported

investigatealargenumberofcancersitesmaywellproduce"significant"associations bychance. Thus, Hirayamareported on 18 cancersites other than the lung, giving a trend chi-squared and p-value for each. Two were significant at the 95% confidence level,

The sum of squares of the 18 chi-squared values is 22.88, again completely consistent with chancevariation.

ConfoundingTrédaniel

asdiet,education,occupation,socialclass,reproductivefactorsandsexualbehaviour. However,

of these potential confounding variables. Nor is any attempt made to consider the relevance of specific confounders when assuming the evidence for specific cancers.

<u>Studyweaknesses</u> NoattemptismadebyIARCtobringoutweaknessesofspecific studies. My book highlights weaknesses of a number of the studies including, in particular,

For example, the first Sandler study used as controls a mixture of friends or acquaintancesofpatientsandpeoplerandomlyselectedbytelephonesampling,which produced substantial differences in response rates between cases and controls and an obvious

weaknesses.)

<u>Plausibilityofassociationsnotseenforactivesmoking</u>Trédaniel<u>etal</u>correctlynote that"theassociationbetweenETSexposureandcancersnotrelatedtoactivesmoking isdifficulttointerpret, and necessarily regarded with caution."While this is certainly correct, they then go on to present an argument to the effect that carcinogens in the vapour

tar of mainstream smoke. However, they fail to make the obvious point that active smokers have markedly more ETS exposure than nonsmokers (partly from their own cigarettes

ETS, and not actives moking, caused some specific cancer an increased risk should be observed in smokers.

<u>Breastcancer</u> Trédaniel<u>etal</u>, but not my chapter, include breast cancer in the list of cancers for which a significant association has been reported. Since the two-fold elevation in the second Sandler study was not statistically significant, the conclusion seems to be based on the cited relativerisk

of20+cigarettes/dayof1.73(95%confidencelimits1.12-2.66). Infact, asisclearly stated

age

only

butlittlecanbereadintothisastheanalysispartlyresultedfrom"data-dredging", i.e. carryingoutmultipletestswithnopriorhypothesis. Inanycase, neitherSandlernor Hirayamatookintoaccountanypotentialconfoundingfactorsforbreastcancer. <u>Cervixcancer</u> Trédaniel<u>etal</u> failtopointoutthestrongpossibilitythatassociations

reported in the Slattery study were likely to represent uncontrolled confounding from exposure

very

times

sexual

ormore hours per day from a crude value of 14.84 to an adjusted value of 2.96. Since the number of sexual partners of the woman is clearly only an inaccurately measured surrogate of HPV infection (inter). The second s

relevant), the adjustment will be incomplete and leave a residual confounding effect. Trédaniel

adjustedrelativeriskcouldbeexplainedbythis.

<u>Colorectal cancer</u> The discussion by Trédaniel <u>et al</u> of the results from the second Sandler

and

withriskinwomenreduced both in relation to smoking and living with a smoker, and risk in menincreased in relation to smoking and even more in relation to living with a smoker are sopeculiar, especially when set against evidence from other studies, as to make it very likely that there are major faults with the study. Trédaniel <u>et al</u> do not criticise the study, however.

<u>Totalcancer</u> Whendiscussing results for total cancer Trédaniel<u>etal</u> do not makeit clear

with ETS is only modestly elevated at best, the Miller study reports a very strong relationship

beingcollectedonsmokingand

unusual

non-cancer cases thus leading more of the cases to be classified as ETS exposed-it should

of other findings totally discrepant with the literature, e.g. men and women have no difference in longevity if they do not smoke and that smokers of filter cigarettes have reduced longevity compared with plain cigarettes.

5. <u>Lungcancer</u>

5.1 <u>Conclusionsreached</u>

This section starts by considering the IARC papers relevant to lung cancer in chronological

time.

The paper by Saracci in 1986(2) was based on a review of evidence from 6 studies, 6 of the 7 considered by IARC Monograph 38(1), omitting, for no apparent reason,

Monograph38inthepaperandmadeanumberofhisown:

"(a) the absence

presenceofa'small'excessrisk.

- (b) in the light of the other available evidence, external to thestudies, the interpretation favourable to the presence of a risk becomes definitely more plausible than the alternative.
- under these circumstances further epidemiological studies aiming atadirect estimate
 studydesignandconduct, the playof biases, some of which have been alluded to. Unless this is done, the studies standagood chance of contributing results of a confusing rather than of a clarifying nature."

The

Riboli did not do more than give a summary table of their results and then cite the conclusions

affectedbytheadditionalstudies.

ThepaperbyTrédaniel<u>etal</u>in1989(5)consideredevidencefrom14studies. They

is

there is a 25% increase in the risk of bronchial cancer in a non-smoker married to a smoker

stating

estimate

а

habit misclassification. Although the authors stated that (translation from French) "numerous methodological biases can account for some of the results" and refer to a number of relevant confounding factors in discussion (including confounding and publication bias), their further conclusion that they "cannot explain the whole of the increase

sourceofpotentialbiasintoaccount.

ThepaperbySaracciandRiboliinthesameyear(6)isalsobasedonthesame

and 95% confidence limits presented for each study in relation to spousal smoking (in all

(95% limits 1.20-1.53) was made. Saracci and Riboli concluded that "the available evidenceshows that a causal relationship is most likely to exist though the size of the effect, under different circumstances of exposure,

In1990Kalandidi<u>etal</u>(8)publishedresultsofacase-controlstudyinGreece. One

inany detail. However, in the introductory section, it is pointed out that "overall the association between passive smoking and lung cancer is highly significant and, for practical purposes, chance can be excluded as a possible explanation. On the basis of biologic plausibility and epidemiologic evidence, causality appears the most likely explanation

The

association

(whichwewillconsiderelsewhere), the authors did not attempt to revise their overall conclusions regarding ETS and lung cancer, although there is a statement that "three major reports have concluded that the existing data strongly support a causal relation between passives moking and lung cancer, "citing not only the USNR Cand Surgeon-General's report, but interestingly IARC Monograph 38 which did not reach this

conclusionatall!

In 1992 Boffetta and Saracci (9) published a relatively brief review of the evidence

(6),

without citing the studies or their results in detail, and then cite are cent meta-analysis carried

1.57), without making it clear this was only a draft. After discussing methodological problems,

lung

that

tobiasesonly, is biologically plausible and is generalizable."

The

describes the result of an autopsy study. In the introduction, they note that "the association between exposure to environmental tobaccosmoke and lung cancer, first reported in 1981, has been supported by the collective evidence of several epidemiological

of special interest groups have challenged the epidemiological findings, involving the operation

they merely note that "these results provide support to the body of evidence linking passives moking to lung cancer."

 $The first paper in 1993 by Trédaniel \underline{etal} (12) is a general review of possible health$

refer to the various meta-analyses conducted around 1986 based on the 13 primary studies

by

Norareanypotentialsourcesofbiasdiscussed. Itisstated in the summary that "Itis now recognized that passives moking is a majorrisk factor for primary lung cancer in non-smokers exposed to to baccosmoke."

The second paper by Trédaniel <u>et al</u> in 1993 (13) is mainly a review of the evidence

is

(6), and then refer to 13 new case-control studies, for which they present results in tabular

no

significant association between ETS and lung cancer. The paper contains a section on chance,

seem

to

that"ETS-relatedlungcarcinogenesiscanbeconsideredasdefinitelyestablished."

The paper by Saracci in 1994 (14) is really intended as describing some preliminary

and

"passive smoking gives rise to some risk of cancer", without making it clear these conclusions were not based on the epidemiology. For an up-to-date reference on the evidence, hecites the 1991 paper by Pershagen and Simonato.

The

atable of results from 13 case-control studies published since 1986, atable of metaanalysis results from NRC 1986 to EPA 1992, averybrief discussion of some sources

the previous papers-"In spite of the methodological criticisms which persist, in our opinion the arguments in favour of the danger of passive smoking deserve to be taken into

posed[whichwasshouldpassivesmokingberecognizedascarcinogenic?]."

Thesecond paper by Trédaniel et al in 1994 (16) concerns possible effects of childhood

have

lung cancer." From the data reviewed, the authors consider that "there is some

consistency of association between ETS exposure in childhood and the risk of lung cancerstoadulthood, "aclaimthat I have refuted earlier insection 3.1.

ThethirdpaperbyTrédaniel

on non-neoplastic respiratory diseases. In the introduction, they note that "recent assessments

bynonsmokerscausesdisease, mostnotablylungcancer."

The

the evidence on ETS and lung cancer. They present results for two sets of studies, the first essentially considered by Saracci and Riboli in 1989 (in Tables 1 and 2), and the second essentially the additional studies considered in the tables in two of their recent reviews (13 and 15 - in Tables 4 and 6). After a description of various details of the studies, discussion of various sources of bias, and consideration of Bradford-Hill type criteria for causation, they concluded that "in summary, all the available data seem to fulfil

ETS and lung cancer among lifelong non-smokers," and that "the causal association between

healthimpactisstilldebated."

It

because of the strong association between active

clearly

dose,

someriskoflungcancerresultingfromETSexposureinnon-smokers.

It is also clear that over the period, their views regarding the strength of the epidemiological

didnotconsidertheevidencecompelling.By1989,takingintoaccounttheadditional evidence

believe

appear to regard the causal relationship as well-established, though Trédaniel's brief 1994

review

be

tothediscussion; Trédaniel, Boffetta, SaracciandHirsch.

In

conclusionsisexamined.

5.2 <u>Selectioncriteriaforstudiesunstated</u>

As <u>Appendix A</u> a recent summary by me of the available evidence from 38 epidemiological

why

data,

(6)

recentreviews, including the detailed 1994 review of Trédaniel <u>etal</u>(18). There is merely reference to excluding studies because of (unstated) "major methodological limitations" and because they provided "very limited information".

5.3 IndexofETSexposurenotstandardized

In Appendix A I separate out results for various indices of ETS exposure; smoking

wife (Table 7), ETS exposure in the workplace (Table 8), childhood ETS exposure (Table 9) and

between exposed and unexposed never smoking subjects, allowing meta-analysis, though

in Appendix A Table 1 are in comparable form to the data used in the various metaanalyses

in

(6). However, as will become more apparent below, the data used in IARC's recent reviews

formatatall.

5.4 Effects of failure to include all appropriate studies and particularly of failure to

standardizetheindexofETSexposureconsidered

 $\underline{Table2} summarizes the evidence from the earlier studies, corresponding to the period covered by the Saracci and Riboli review (6). For each study the relative risks cited by Saracci and Riboli and those cited later by Trédaniel <u>etal</u>(18), are given and compared$

are also shown. A few points should be noted in this table:

- (i) the covariates).
- (ii) the

orcrudeotherwise.

- (iii) theEPAestimatesareforfemalesonlyandarebothcrudeandadjusted,taken from Table 5.5 of this report. EPA also give estimates adjusted for misclassificationbutthesearenotshowninTable2.
- (iv) the estimates for Trédaniel <u>et al</u> are, for some studies, given in dose-response form, with successive estimates for successively increasing level of positive exposure. All the data for females are given, but none of the data formales.

Study of these results shows firstly that there is virtually complete agreement regarding

Riboli

report, thoughnot in the source paper, and for the Bufflerstudy, where Trédaniel<u>etal</u> decided to leave it out because of limited information, though it had been included by every one else.

It

as

the

generally

and that IARC had, as regards the earlier studies, made an attempt to select out comparabledatafortheappropriatestudies.

Table

AppendixA,bytheEPAandbyTrédaniel<u>etal(13,1518)</u>intheirtables.Resultsare shown

in any case not considered by Trédaniel <u>et al</u>, gave results for males. There is considerable agreement between the data reported in Appendix A and by the EPA, thoughofcourse, the EPA report, published in 1992, didnot give results for a number of the more recent studies.

There

in the data selected, by Trédaniel<u>etal</u>. It is firstly evident that Trédaniel<u>etal</u> have omitted5studies(Butler,Geng,Inoue,Lam1988andLiu1991)forwhich results are included

of "major methodological limitations" or "very limited information." However, no attempt

of

were

notreject.

While

cancercases intotal out of over 4000 for the total evidence, so that their omission has little effect, the same cannot be said for the relative risks selected by Trédaniel <u>etal</u>. They cited intotal relative risks for 15 studies. These can be classified into 5 groups:

Indexusedanddatacitedappropriate	7stud
Appropriate index used and data cited, but data	1 stud
forincorrectindicesalsocited	
Estimategivenforsexescombined, not female	1stud
Estimategivenforheavyexposure,notoverall	2studi
exposurebutindexcorrect	
Estimategivenforwrongindex, butoverallex posure	2studi
Estimategivenforwrongindexandheavyexposure	2stud
	1002)

7studies 1study(Shimizu)

1study(Humble) 2studies(Gao,Liu,1993)

2studies(Svensson,Sobue) 2studies(Janerich,Brownson 1992)

It is clearly of vital importance to compare like with like. If one is studying spousalsmoking, one should select data for spousalsmoking or an index as close to it as available. If one is comparing exposed and unexposed groups, one should select appropriate data and not give relative risks for heavy exposure for some studies for no reason. If one wants to study heavy exposure, one should produce at able of results for heavy exposure.

It is a bundantly clear for two major reasons that the data selection of Trédaniel <u>et al</u> has dramatically distorted the evidence. In the first place, if one compares the selected

single

selecteddata.

AppropriateInappropriateNumberof estimatesestimateslung (AppendixA)(Trédanieletal)cancers

Goo	1.19	1.70	246
Humble	2.20	2.60	20
Shimizu	1.08	4.00,3.20	90
Svensson	1.26	2.10	34
Janerich	0.75	1.11	188
Sobue	1.13	1.50	144
Brownson	1.00	1.80	431
Liu	1.66	2.90	38

This

riskvalues in order to paint apicture that was closer to their beliefs. The distortion is particularly obvious for some studies. For instance, in the Shimizus tudy, the source

ta Qaauraaaa farma

tablegivesrelativerisksrelatingto8sourcesofexposure.6arecloseto1(range0.8-1.2)withonlythetwocitedfigures(forsmokingbythemotherandbythehusband's father)

for

Trédaniel <u>et al</u> instead select an estimate of 1.80 for heavy exposure to a semiquantitative

andopentorecallbias.

The other indication of distortion of the evidence comes from the fact that Trédaniel

tended to emphasize their conclusions. Although they do not carry out formal metaanalysis of all the data available to them, they make a statement starting "On the assumption

clearlysuggeststheybelievethatthemagnitudeoftheassociationhaschangedlittle. Thisimplicitconclusionistotallyincorrect.Hadtheyconductedmeta-analysisofthe updated

reduced. Asisshown in the meta-analyses presented below, the recent evidences hows little or no evidence of an association.

	Husband'ssmoking-meta-analysisrelativerisks(with95%CR)
1.	Allstudiescurrentlypublished(n=38)	1.13(1.05-1.22)
1a. 1b.	Studiespublishedin1981-88(n=22) Studiespublishedin1989-94(n=16)	1.36(1.21-1.53) 1.00(0.90-1.10)
2a. 2b.	StudiesconsideredbySaracciandRiboli(n=14) Studiespublishedsincethen(n=24)	1.30(1.12-1.51) 1.08(0.99-1.18)
3.	AllstudiesconsideredbyTrédanieletal(n=29)	1.13(1.05-1.23)

ThegreatoverestimationofthemagnitudeoftheassociationbyTrédaniel<u>etal</u> affects

1.13 might arise as a result of bias than that a relative risk of 1.30 or 1.35 might.

5.5 <u>Failure</u>

Appendix A makes it clear that there is a statistically significant association between

1.13,

makes

or with childhood ETS exposure (0.97, 0.87 - 1.07). Nor is there any association with social

spouse.

Because

of

that the association is specifically for spousal smoking is never brought out. Indeed results

all until the Trédaniel et al reviews of 1993 and 1994 (13, 15, 18) and then they are mainly

finalreview(18)refersto"thegrowingnumberofstudies[that]haveaddressedother sources

thehusband, atwork, and in other situations outside the home". When discussing the findings,

only reference to childhood exposure is in the sentence "Recent studies ... include questionsonETSduringchildhood, withonerecentlypublished papershowing arisk limited

here.Asnotedinsection3.1also,inadequatetreatmentofthedatarelatingchildhood ETS

of possible effects of ETS exposure inchild hood (16).

5.6 <u>Sourcesofheterogeneityofspousalsmokingrelativerisks</u>

It

to

find

not (which does not establish heterogeneity anyway as this may occur as a result of sampling variation, especially if some studies are based on few deaths), none of the IARC reviews carry out any formal tests of heterogeneity; not even the Saracci and

Riboli

is

smokingby:

(i) <u>region</u>

China, Japanand Hong Kong. Significant associations are evident for Europe, Japanand Hong Kong but not for China and USA.

- (ii) <u>time</u> as noted already, recent studies, conducted since 1988, show no associationatall.
- (iii) <u>studysize</u>-largestudiestendtoshowlowerrelativerisksthansmallones.
- (iv) <u>diagnostic quality</u> studies with complete or virtually complete histological confirmationshowhigherrelativerisksthanotherstudies.
- (v) <u>studyquality</u>-poorstudies(asdefinedbyonesetofcriteriaatleast)showan association,butbetterstudiesdonot.

TheIARCreviewpaperspayverylittleattentiontosuchsourcesofvariation. TheonlymentionsIcanfindatallarethefollowing:

 (i) inthe1994Trédanieletalpaper(18)itisstatedthat"thefactthatsimilarrisk estimates
 exposed to different environmental factors, argues in favour of a general association

to

region, as noted above.

(ii) in the 1993 Trédaniel et al paper (13), commenting on meta-analysis as a technique, it is noted that "the usefulness of such an approach is at least questionable methodological deficiencies". However, this seems hardly a reason why one should produced ifferent results or not.

One must conclude that the reviews pay totally inadequate attention to the possibility of between-study heterogeneity. Inferences that might be drawn from systematic differences in results obtained under different circumstances are not addressed

as these systematic differences are not made clear.

5.7 Inadequateattentiontostudyquality

In one pointing the paragraphs made.TheonlyreferencesIcouldfindwere:

- (i) to the fact that some studies had only a small proportion of histologically confirmedcases(5,18),andthat
- thepowertodetectsignificantdifferenceswaslimitedbysmallsamplesizein somestudies.

Nor is there any attempt in any review to categorize studies by study quality (apart from excluding certain studies because of major [unstated] methodological limitations) along the lines of the "tier quality" scores of the EPA. This illustrates the general uncritical acceptance of data by the IARC in these reviews. In IARC monographs in the past there has been the tradition of pointing out weaknesses in the studies

of the paragraph describing these studies, but this has not been implemented in these reviews.

5.8 <u>WhichhistologicaltypeoflungcancerisassociatedwithETSexposure?</u>

In

which

ETS exposure is associated with. Inview of the fact that lung cancer is not a single disease,

with

consider this question at all. No data are presented comparing relative risks for the different histologies.

5.9 <u>TheKalandidistudy</u>

The

describes the results of a hospital case-control study conducted in Athensin 1987-89. Successful interviews were conducted with 154 lung cancer cases and with 145 orthopaedic

not only were questions asked about active and passive smoking and various demographic

onairpollutionanddiet.Basedonthedatafor91neversmokingcasesand120never smoking

(95%)

of

adjusting

inrelationtohighvslowfruitconsumption.

In

felt

effort

assurance that the results of passive smoking do not reflect bias generated from misclassification

various advantages; "all women were interviewed in person by medically qualified interviewers in the hospital wards; there were very few refusals, and most of the lung cancer

that selection bias and the choice of controls we repossible problems with their study.

There are, however, a number of problems with the study and paper to which attention should be drawn:

- (i) single notsmoke,
- (ii) recallbiaswasnotmentioned. ItispossiblerecallofETSexposuremightbe greater

forcontrolswithmoreminordiseases.

(iii) cytological confirmation of lung cancer is not actually very reliable. Many

studiesinsiston100% histological confirmation.

(iv) the

estimate of 2.11 for ETS seems implausibly large. However, this is not discussed.

- (v) the that was smokersnotmentioned?
- (vi) given

found, and given, as is generally found, that ETS exposure is negatively correlated with fruit consumption, one would have expected to see that controlling for fruit consumption would have reduced the magnitude and significance

one

significant.Itisunfortunatethatnotenoughdetailsweregiventoexplainthis. Did in fact women married to smokers eat more fruit? Or did the logistic regression simultaneously results?Simpletabulationsofthejointdistributionofhusband'ssmokingand fruit provided.

5.10 Trichopoulosautopsystudy

In 1992 Trichopoulos <u>etal</u>(10), two of the authors being Riboli and Saracci, described results of an autopsystudy. For 206 men and women who had died from a cause other than respiratory or cancer and for whom "the preservation of the bronchial epithelium was satisfactory for pathological examination" interviews concerning the smoking

with

index

smokersandhigher,butnotsignificantlyso,amongformersmokersFurthermore,EPPL values were significantly higher among deceased nonsmoking women married to

smokers

to the body of evidence linking passives moking to lung cancer, even though they are based

thisassociation".

Theauthorsclaimedthattheir"inspirationandmethodologicapproach...drew heavily

results differed greatly, and that these differences suggested that their index of lung cancer risk (EPPL) probably had nothing to do with lung cancer at all. Thus Trichopoulos<u>etal</u>found:

- (i) higherEPPLvaluesintheyoungthanintheold,
- (ii) higherEPPLvaluesinwomenthaninmen,
- (iii) noclearrelationshipofEPPLtooccupationoreducation,
- (iv) slightlylowerEPPLvaluesinurbanthaninruraldwellers,
- (v) noincreaseinEPPLinex-smokers, and
- (vi) no dose-response relationship with current smoking, mean EPPL values in currentsmokersof41+cigs/daybeingvirtuallythesameasinnon-smokers.

It was also striking that whereas Auerbach's studies showed a massive difference in incidence

 $no such difference in the study of Trichopoulos \underline{etal}. The contrastisillus trated in the table$

to

valueinpassivesmokerscanbeinterpretedasindicativethatETSiscarcinogenic?

SourceIndexSmokinghabits%*

Auerbach**	Basalcellhyperplasia withatypicalnuclei inatleast30%ofcells	Currentsmokers 40+/day 20-39/day 1-19/day Neversmoked	85.1 72.5 53.9 0.45
Trichopoulos	EPPLindex	Currentsmokers 41+/day 21-40/day 1-20/day Neversmoked	42.9 61.4 58.9 41.3

*%ofmaximumscorepossibleforTrichopoulos,%sectionspositiveforAuerbach **RelationshipofsmokingtootherindicesusedbyAuerbachissimilar.

The

authors,

They failed to explain why their results we reso different from Auerbach nortojustify use of EPPL as a valid index of lung cancerrisk.

5.11 Biologicplausibility

Anumber of the IARC papers (2,5,9,11,16,18) address the issue of biologic plausibility

bysomeillustrativequotes:

1. <u>ExposuretoETSandmainstreamsmokeisqualitativelysimilar</u>

"Passive exposure to ETS implies exposure to components of the sidestream smokewhich are of the same nature as those of the main streams moke" (2).

"Combustion

chemicals. Thesidestreamsmokehasbeen documented to contain virtually all thesa mecarcinogenic compounds that have been identified in the mainstream smoke inhaled by smokers" (18).

 <u>Concentration of toxic chemicals is greater in sidestream than in mainstream</u> <u>smoke, though sidestream is diluted in air</u> "Some smoke,

than in the much smaller respiratory air spaces of the smoker where the mainstreamsmokeflows"(2).

(Translation carcinogens suggests givenequaldosetothoseof[mainstream]"(5).

"More

of them, six are known to be carcinogenic to humans and about 22-28 are carcinogenic to animals ... In general these chemicals are present at higher concentrationsinSSthaninMS"(9).

"The

as

these carcinogensare of tengreater in thesi destreams moke" (11).

"Although the exposure sto active smoke and ETS are not identical, the latter appears to include most of the to baccocombustion by-products, especially the carcinogens" (16).

"Sincesidestreamsmokedoesnotpassthroughthe 100timestheweightofcarcinogensofmainstreamsmoke"(18).

3. <u>Intermsofcigaretteequivalents,thedosefromETSexposureisnotnegligible</u> "According particulatematter(whichincludestar),11hoursof'severe'exposuretoETSis

equivalenttoactivesmokingofonecigarette. Thiswouldimplythatexposure

(orless)perday,uptoperhapsamaximumoftwo"(2).

"Certain studies have estimated that the degree of exposure of nonsmokers in environmental smoking is equivalent to 0.1 to 2 cigarettes per day" (12).

4. <u>No</u>

to

ETSexposure

"No dose-response relating average number of cigarettes smoked per day in regularsmokerstolungcancermortalityratesoffersanindicationofdeparture from

riskinlungcancer"(2).

"The

suggests a log-linear relationship, which implies a small but existent risk for exposure to very low levels of to baccosmoke"(9).

"...no threshold has been established for the health risks of tobacco smoke inhalation"(12).

It

tounderstandingtheoverallevidence:

(i) ETSisamixtureofsidestreamandexhaledmainstreamsmokethatisnotonly diluted,butaged.

(ii) Only

haveeveractuallybeendetectedinETS.

(iii) The fact that the concentration of various chemicals is different insides tream than

especially misleading of the latest Trédaniel <u>et al</u> paper (18) not to mention dilutionandtosuggestthatsidestreamisinhaleddirectly.

(iv) The fact that the <u>relative</u> concentration of different chemicals varies between sides tream

39

mainstream may differ. As it is not known what chemicals contribute to the association of lung cancer and actives moking, it is speculative to suggest ETS may be more toxic on a weight-for-weight basis.

(v) Variouscigarette-equivalentestimateshavebeenmadeindicatingthatinterms of

oflungcancerandactivesmoking, passivesmokersonaverageareexposed to less than the equivalent of 1/100 thofacigarette aday.

- (vi) It is impossible, in principle, to prove or disprove the existence a threshold withoutknowingthemechanismsinvolved.
- (vii) Epidemiological studies of active smoking typically involve lowest exposure groupings which include smokers of 5 or 10 cigarettes a day. There is no evidence excessriskoflungcancer.

While

muchless strong than IARC's arguments would suggest.

5.12 <u>StudiesconductedbyIARC</u>

5.12.1 Introduction

Asnotedin1987byRiboli(3)an"<u>adhoc</u>workinggrouponapproachestothe investigation of cancer risk from passive smoking" was held in Lyon in April 1984. "Twobroadcategories of research we resuggested:

(1) Methodological

and to ensure that ongoing studies provide answers a sun equivocal as possible.

(2) Multicentreepidemiologicalstudiestoinvestigatethe smokingandrespiratorycancer"

The

headings:

"Phase1:methodological investigation" and "Phase2: an international case-control study and "Phase2: an international case-control stu

on

ofdatafromPhase1iscompleted.

Later

to lung cancer based on blood samples obtained from the case-control study.

Below brief comments are made on the 3 lines of investigation.

5.12.2 Methodologicalinvestigations

First results were reported by Riboli <u>et al</u> in 1990(7). In this study urinary cotinine was determined in a total of 1369 nonsmoking women in 13 centres in 10 countries in North America, Europe and Asia. The Riboli <u>et al</u> paper was really concerned

an

of misclassification of actives moking status at all (though it rejected 47 women from most

smokers).

Thepaperreported

- (i) largeandstatisticallysignificantdifferencebetweenthecentres,
- (ii) thatcotinine/creatininelevelsshowedaclearlinearincreasefromthegroupof women

andatwork,

- (iii) thatwomenexposedonlyathomehadhigherlevelsthanwomenexposedonly atwork,
- (iv) that ETS exposure from the husband was best measured by the number of cigarettes, and
- (v) thatETSexposureatworkwasbestmeasuredbydurationofexposure.

A major conclusion was that "when appropriately questioned, nonsmoking womencanprovideareasonablyaccuratedescriptionofETSexposure"andthestudy ledtothedevelopmentofthequestionnaireusedinthemulticentrecase-controlstudy.

Although the study appears well done and its main findings are consistent with the literature and appear to be valid, the major conclusion is doubtful. It is not emphasised in the paper that since, as they note, cotinine has a short half-life, the

conclusions at best only apply to current ETS exposure. Furthermore, they do not discuss

exposure,

only

whatsoever

of cotinine data. Nor is the value of obtaining confirmatory information from other subjects

ETSexposure(andsmokinghabits)isitnotworthwhileattemptingtoobtaindataalso fromothersourcesthanthesubject?

Later, in 1995, Riboli<u>etal</u>(20) published apaperentitled "misclassification of smoking

This

Because

high

and

off

lightsmokers"andtheyconcludedthat"potentialbiasduetosmokermisclassification is very unlikely to be responsible for the increased health risks observed in epidemiologicalstudiesonETS".

Although

cotinine/creatinine

or

calculations,

excess risk anyway. Their paper is misleading also in claiming that the alleged nonsmokerswithlevelsabove150ng/mgwerealllightsmokers,assomeofthemhad quite

that their results on level of misclassification are "in agreement with data available previously". This claim was based on comparison with very limited data. If one compares

JournalofSmoking-RelatedDisorders(30))theimisclassificationratesareclearlylower

then average. Finally, the claim that bias due to smoking habit misclassification is unimportant

to the EPA and other reports for this conclusion. Another paper of mine, shortly to be published in Statistics of Medicine (31), makes it clear bias is important and that the EPA's

relevantdataonmisclassification.

Two other papers with IARC members as authors, both published in 1995, concern

on"limitationsofbiomarkersofexposureincancerepidemiology". Thispaper, while quiteshort, is well argued and makes the point that "there are considerable scientific limitations

current overemphasis on this approach is misplaced, and that biomarkers have both strengths

limitation they refer to is that biomarkers "usually only indicate relatively recent exposures".Theyalsonotethat"eventhebestcurrentlyavailablemeasuresofexposure to

questionnairesforthemeasurementofcurrentexposurestheirveryshorthalf-lifemakes them

the

mixturesuchastobaccosmoke.

The second 1995 paper, by Riboli <u>et al</u> (21), concerns "validity of urinary biomarkersofexposuretotobaccosmokefollowingprolongedstorage". Inthisstudy urinesampleswerecollectedin1976/77from58womenwhohadansweredquestions on

frozen

finding of the study was that "cotinine measurements made in 1988 allowed a clear separation

that concentrations retained their discriminant value even after 10 years of storage". "Validity"refersto"the capacity of an exposure variable to measure the true exposure in clear

smoking

samplestodeterminereasonablyaccuratelysmokinghabitsasatthetimethesamples was taken, the study would have been strengthened considerably had cotinine determinationsbeencarriedoutatbothtimepoints.

5.12.3 Multicentrelungcancerstudy

Some

(14).Itisnotedthat

- (i) "Thestudyisbeingcarriedoutin11centresin7Europeancountries"(14),
- (ii) "ETSisthemajorexposurethatistakenintoconsideration"(14),
- (iii) "The

exposuresand...diet"(14),

- (iv) "It
- (v) "Continuouscheckonthevaliditycanbeenvisagedbytakingurinarycotinine measurements..."(6),
- (vi) "It will permit, through simultaneous replication in different centres, both an increase

results"(6),

(vii) It

"a power of about 65%, 85% and 95% for detecting with α =0.05 (2-tailed) relative risks of 1.3, 1.4 and 1.5, respectively" (6).

While many aspects of the study seem commendable, it is unlikely that it will avoid all the problems of bias. Thus use of ill cases and healthy controls will lead to problems of recall bias, the cotinine determinations will not allow validation of reported ETS exposure, and there are no corroborative data collected on past smoking habits. Also the sample size may be inadequate, especially if ETS is associated with a relative risk of 1.1 or 1.2, since the later paper (14) talks of conducting the study with only 400 cases and 600 controls. It is interesting to note that Saracci (14) points out that though, for most of the smokers admitted with a provisional diagnosis of lung cancer, the diagnosis is afterwards histologically confirmed, for 50% or more of the nonsmokers it

is not. As a result they have "materially underestimated" the time it will take to accrue enough cases.

No results have yet been reported from this study.

5.12.4 Genetic susceptibility

While genetic susceptibility may well be important in lung cancer, and Saracci's paper (14) describes a few promising leads, the actual study being done is poorly described. It seems that 140 blood samples will be taken from cases and controls in the lung cancer study, but precisely what will be measured in these, and when, remains unclear to me.

5.13 Sources of bias

Many of the papers have sections which deal with the various sources of bias. Misclassification of exposure, misclassification of smoking habits and confounding by other risk factors are dealt with in most of the more detailed reviews (5,6,9,13,15,18), though other sources of bias are considered in some. Some reviews, however, deal with a very limited number of potential biassing factors - notably the 1993 Trédaniel <u>et al</u> (12) which does not mention any. Because the evidence has accumulated over time in some areas and because the latest review (18) mentions all the sources of bias that might theoretically occur, I will restrict attention mainly to discussion of the arguments presented there.

5.13.1 Misclassification of self-reported smoking status

Misclassification of smoking status as a source of bias has been referred to in many of the IARC papers (2,5,6,9,13,15,18), as it was in the IARC Monograph in 1986. The most extensive discussion appears in the last review (18). While that review contains quite a good description of the mechanisms by which bias might occur, the actual discussion of the available evidence, leading to their conclusion that "misclassification of smoking status is not likely to explain the excess risk" is inadequate. It is worth drawing attention to a few points:

(i) They do not carry out their own bias estimations, relying on estimations by the

NRC, Wald and the EPA. As I show in my 1992 book (26) and in more detail in my paper to appear in Statistics of Medicine (31), these estimates are based on unsound methodology.

- (ii) They cite very little of the evidence on extent of misclassification. One of the studies they do cite, by Fontham, is almost irrelevant, as cotinine measured from urine samples taken in hospital after diagnosis of lung cancer, is almost irrelevant to the question as to whether the subject was smoking at the time of onset of the disease as many subjects give up smoking around the time they get lung cancer anyway. The other study cited is their own multicentre study (see 5.12.2 above). There is in fact a wide body of evidence (26,30) showing higher misclassification rates than reported in this study.
- (iii) They do not make clear to the reader one of the major problems in misclassification adjustment, namely that circumstances of interview strongly affect accuracy of answers made, so that misclassification may be a far more important source of bias for some study designs than others.
- (iv) While they correctly point out that ex-smokers are more likely than current smokers to deny smoking and that ex-smokers have a lower risk of lung cancer than current smokers, it does not actually follow that ex-smokers are likely to introduce a smaller bias. It all depends on the relative misclassification rates and the relative risks. In fact, of course, misclassification of ex-smokers has been taken into account in all the major bias estimates.

For a detailed explanation of why misclassification is an important source of bias the reader is referred to my 3 papers demonstrating this:

- (a) Accepted by the Journal of Smoking Related Diseases, summarizing evidence from 42 studies on extent of misclassification of current and past smoking (30),
- (b) Accepted by the International Archives of Occupational and Environmental Medicine, describing results of a study showing a particularly high misclassification rate in Japanese women (34),
- (c) Accepted by Statistics of Medicine, describing in detail how misclassification bias operates, demonstrating errors in methodology used by the EPA to correct for it, describing a sound methodology for bias correction, and showing that, when applied to US or Asian data using appropriate misclassification rates, it can

explain the reported association between spousal smoking and lung cancer in nonsmoking women (31).

Copies of all these papers are available on request.

5.13.2 Misclassification due to responses by surrogates

Trédaniel <u>et al</u> (18) includes a short section entitled "Misclassification of smoking status reported by next-of-kin". In fact the whole of the discussion concerns possible inaccuracy of data on ETS exposure histories reported by next-of-kin, not data on smoking status. These are of course two completely different issues. The discussion of the evidence relating to surrogate response is in fact quite incomplete, and to some extent misleading.

In the first place the impression given that next-of-kin can be used to obtain data of high quality on ETS exposure is surely an overstatement. While in a study of lung cancer in women, the husband may be able to provide reasonably reliable data on his own smoking or that of other smokers in the household, it is difficult to see that he can provide as reliable data on his wife's exposure at childhood, at work, or in adulthood before they were married. Still less will a child be able to know the mother's full history of ETS exposure.

Secondly, Trédaniel <u>et al</u> only refer to the results of one study (by Stockwell) comparing relative risk estimates obtained from subject and surrogate respondents. I am aware of at least 4 others. Thus Garfinkel reporting much higher relative risks for husband smoking where the respondent was a child (RR = 3.19) than if the respondent was the subject (1.00) or the husband (0.92), Humble reported that "when the analyses were performed separately for self- and surrogate-reported cases, the odds ratios were comparably elevated for both groups", Janerich reported lower relative risks for spousal smoking if the respondent was the surrogate (RR=0.44) rather than the subject (RR=0.93), and the 1994 Fontham paper presented data from which one can calculate somewhat higher relative risks for adult ETS exposure for direct rather than surrogate respondents.

Thirdly, Trédaniel <u>et al</u> might have made it clear that there are 7 studies where there is a very marked difference between the proportion of surrogates used for cases and controls. As shown in the table below, all show higher use of surrogates for cases and all are US studies. All these studies would fail the simple study design criterion of comparing like with like.

	<u>% surrogate respondents</u>				
Study	Cases	<u>Controls</u>			
Correa 1983	24	11			
Garfinkel 1984	88	Not stated, presumed less			
Brownson 1987	69	39			
Humble 1987	52	0			
Brownson 1992	65	0			
Stockwell 1992	67	0			
Fontham 1994	37	0			

Trédaniel <u>et al</u> conclude that "from the scarce evidence available, it does not seem that this type of bias can explain the positive results". While none of the above points raised by me demonstrate that bias has necessarily occurred, Trédaniel <u>et al</u>'s conclusion, based on an inadequate look at the data, may be premature. Certainly some studies show variations in relative risk by respondent type that are much greater than the magnitude of the overall association of spousal smoking with ETS exposure. Even though the direction of these variations are inconsistent, one cannot be too confident that bias has not occurred from use of surrogate respondents.

5.13.3 Recall bias

The possibility of recall bias is not mentioned in any of the IARC papers until the 1994 paper of Trédaniel <u>et al</u> (18). There, they correctly refer to "the possibility that a nonsmoking woman ... with lung cancer will falsely inflate the ETS exposure from the spouse in an attempt to find a causal explanation for her disease." They state that Fontham "particularly addressed" this point in their study. Though this is true, and though they note that "the pattern of risk was the same, when cases were compared to colon cancer or population controls", they surprisingly do not mention the possibility specifically mentioned by Fontham in the 1991 paper that "nonsmoking lung cancer

cases and nonsmoking colon cancer cases are not similarly motivated to remember exposures to the tobacco smoke of others". In other words, recall bias may arise because lung cancer cases, specifically, are aware of the much publicized association of both smoking and ETS exposure with lung cancer, so that Fontham's study design does not solve the problem of recall bias.

5.13.4 Misdiagnosis of primary lung cancer

Trédaniel <u>et al</u> (18) refer to the fact that histological verification of lung cancer has not been a requirement in some studies. The argument that results were "similar" in the Trichopoulos study, which did not have this requirement, and in the Garfinkel case-control study, which did, and that "most recent results are based only on histologically confirmed cases" is scarcely a deep analysis of the position. It is misleading anyway, partly as Trichopoulos observed a markedly higher relative risk for spousal smoking, of 2.08 (95% limits 1.20-3.59) than did Garfinkel (1.23, 95% limits 0.81-1.87) partly as these are anyway only two studies out of a much larger number, and partly as many recent studies have <u>not</u> insisted on histological confirmation. As can be seen in the table below, based on the data in Appendix A, there is no time trend towards a requirement of histological confirmation.

		Histological confirmation required			
Publication date	Studies	Yes*	No		
1981-86	11	5	6		
1987-88	11	6	5		
1989-91	8	2	6		
1992-95	8	4	4		

(*In all or virtually all, 97%+, of cases)

Trédaniel <u>et al</u> also correctly refer to the possibility pointed out by Faccini that, in life, it may be difficult to distinguish a primary from a secondary lung tumour. They might also have referred to the extensive evidence of substantial disagreement between lung cancer as diagnosed clinically, on death certificates, and at post-mortem (33). They are correct to point out that misdiagnosis is likely to understate any association of ETS with lung cancer, unless the disease with which it is confused is more strongly associated with ETS than is lung cancer.

5.13.5 Publication bias

Trédaniel <u>et al</u> make no attempt to use the current available data to test for publication bias. Had they done so, they would have found, as shown below, that there is some evidence. The risk estimates are higher in smaller rather than larger studies, consistent with the probability that those studies which are most likely not to publish their findings are small negative studies (see Appendix A, section 3.3).

Trédaniel <u>et al</u> argue that publication bias might be "active in either direction". This is unlikely to be true in the context of ETS, medical journals being unlikely to have any preference for publishing negative rather than positive studies. Woodward and McMichael might have been unable to find any unpublished studies, but this does not mean much. For instance it was obvious that the American Cancer Society, which had published results from their CPS-II study on active smoking in 1989, had data on ETS which had not been published. It should be noted that this study is very large (about 1.2 million men and women) and is the only prospective study that asked direct questions on ETS exposure, rather than relating risk only to smoking by the spouse.

While publication bias may not be the major issue that it certainly has been for heart disease, the discussion by Trédaniel <u>et al</u> is certainly somewhat misleading.

5.13.6 Confounding

The possibility of confounding by other risk factors was not mentioned until the 1992 paper by Boffetta and Saracci (9). They noted that "diet might play a role, that is spouses of smokers eat less protective foods or more high risk foods than spouses of non-smokers." They cited only two pieces of evidence. One was the Kalandidi study which I have addressed already in section 5.9. The other was the study by Le Marchand <u>et al</u> which "estimated that the confounding effect ... would not be great." In fact, Le Marchand <u>et al</u> estimated that failure to adjust for the single dietary factor, beta-carotene, would result in a 10% over-estimate of the ETS/lung cancer relative risk. A bias of 1.10, in the context of an effect now estimated at less than 1.2, can hardly be described as "not great"!!

The same misleading citation of the Le Marchand study was also made in the second 1993 Trédaniel <u>et al</u> paper (13), the first 1993 Trédaniel <u>et al</u> paper (12) not even considering any potential sources of bias at all. This paper also noted that education, occupation and social class "have also to be taken into account."

The first 1994 Trédaniel <u>et al</u> paper (15) considered diet as the only possible confounder, pointing out correctly that "smokers have a diet which is high in fat and poor in fruits and vegetables, which is associated with an increased risk of lung cancer," and that "this could be the case of nonsmokers sharing the dietary habits of smokers with whom they live." However they referred to three studies (Kalandidi, Wu and Dalager) which adjusted for dietary habits and found this had no effect.

The final 1994 Trédaniel <u>et al</u> paper (18) contains a longer section on confounding. This correctly makes a number of points clear:

(i) "very few data are available on the possible confounding effect of risk factors for

lung cancer other than ETS";

- (ii) "diet may be an important confounder";
- (iii) "only three [studies] have attempted to adjust for diet and suggested no confounding effect";
- (iv) "occupation and social class must also be taken into account";

(v) "exposure to indoor air pollution (including radon) might play an important role"; and concludes that "there is no convincing evidence that these potential confounding factors could have affected the results of these studies."

There are, however, a number of unmade points. Firstly, there is growing evidence that ETS exposure is associated with increased exposure to a range of lung cancer risk factors (25). Just as smokers are more exposed than nonsmokers to virtually every risk factor one can name, it is emerging that the same is true when one compares nonsmokers married to (or living with) smokers and nonsmokers married to (or living with) nonsmokers. This suggests that there must be some confounding effect.

Secondly, it is also not perhaps made clear enough that attention to confounding in many of the studies of ETS and lung cancer has been non-existent or very limited. Even where confounders are taken into account, it is usually impossible to tell from the evidence presented what effect adjustment for specific variables has had.

Thirdly, it is not mentioned that many of the ETS/lung cancer studies (12/38) have failed even to adjust for age. Often these studies had matched <u>overall</u> cases and controls on age, but made the unwarranted assumption that the <u>lifelong never smoking</u> cases and controls would be comparable in age.

Fourthly, it is also not mentioned that about two-thirds (21/31) of the studies using smoking by the husband as an index of ETS exposure had failed to restrict analyses to married women. As the exposed group are all, by force, married but the unexposed group contains a mixture of married and unmarried women, there is an inevitable confounding between possible effects of marital status (and its correlates) and of ETS.

5.13.7 Misclassification of ETS exposure

In 1989 Saracci and Riboli (6) referred to

"two sources of bias [that] may act to decrease the observed relative risk among nonsmoking women exposed to ETS via smoking spouses. First this group of women is compared with other non-smokers who, however, are not 'pure' subjects unexposed to any ETS, as some of them may indeed be exposed to other unrecorded sources of ETS (e.g. at work or in public places). Second, random misclassification of exposure tends to dilute any existing effect and its relative risk."

Surprisingly these points are not made in some reviews (e.g. 9, 12, 13) and later reviews (15, 18) only refer to the first of these points. Thus Trédaniel <u>et al</u> in 1994 (18) stated that

"Finally, one must stress that because there is widespread exposure to ETS, the upward bias on the relative risk of lung cancer caused by smoker misclassification is counterbalanced by the downward bias from background ETS exposure to the supposedly unexposed group."

A number of points should be made here.

- The paragraph is under the wrong heading, as it concerns misclassification of ETS exposure, not of smoking by the subject.
- (ii) It is not made clear in any paper that in the absence of a true effect of ETS exposure, misclassification of spousal smoking will cause no biasing effect, but misclassification of active smoking habits will cause upward bias (assuming it is random and that there is concordance between smoking habits of husband and wife).
- (iii) Even if there is an effect of ETS exposure the counterbalancing of the two biases is not equal.
- (iv) Later in the paper Trédaniel <u>et al</u> cite the EPA's conclusion that an ETS/lung cancer relative risk of 1.19 for the US studies adjusted for smoker misclassification rises to 1.59 after adjusting for background ETS sources. Not only is, as noted earlier, the EPA's downward correction for smoker

misclassification markedly too small, but their upward correction for background exposure is markedly too large. Trédaniel <u>et al</u> fail to point out that EPA's estimate (via cotinine levels) of the relative total ETS exposure of nonsmokers married to smokers and nonsmokers married to nonsmokers is very much lower than IARC reported in their multicentre study (7). Using their own data, which are in fact more consistent with other studies, would result in a much smaller upward correction.

5.14 Proof of causation

Trédaniel <u>et al</u> (18) contains a section "ETS and lung cancer: proof of causation" which formally goes through Bradford-Hill type criteria. These are discussed below.

5.14.1 Consistency and strength of association

Trédaniel <u>et al</u> admit that any association with smoking by the husband is weak. However they fail to cite various inconsistencies noted above and do not point out the variation in relative risk over time, with no association reported in studies conducted in recent years. Nor do they point out that the overall evidence shows no association with other indices of ETS exposure, such as workplace, childhood or social exposure.

Weak and inconsistent would be a fairer summary of the evidence.

5.14.2 Specificity

The discussion with regard to histological type is obscure and the paper nowhere addresses the key issue as to whether the evidence suggests that ETS is related to squamous cell carcinoma (strongly associated with active smoking) or adenocarcinoma (weakly associated with active smoking) or both. As noted above, the evidence is in fact conflicting, thus weakening the "proof of causation."

In any case, even IARC would not claim either that lung cancer is specifically caused by ETS exposure or that ETS exposure specifically results in lung cancer. While causality may arise in the absence of specificity, it is clear that the association fails the criterion of "specificity".

5.14.3 Coherence

Though there is evidence of some association between husband's smoking and lung cancer in a number of different countries and continents, this of itself is not strong evidence of a cause and effect relationship. Various sources of bias, such as misclassification of smoking habits and confounding, could not be expected to apply widely. In any case, the risk estimates are not similar. There is, as noted above, statistically significant heterogeneity between relative risk estimates for Europe, Asia and the US; and between estimates for Japan, Hong Kong and China.

5.14.4 Dose-response relationship

The evidence presented in Table 6 is neither comprehensive nor systematically examined. Though published data show a tendency for nonsmoking women married to heavy smokers or to smokers of long duration to have an increased relative risk of lung cancer, there are a number of factors not mentioned by Trédaniel <u>et al</u> which limit interpretation. They fail to note strong evidence that studies which provide dose-response data are highly selective, with the overall relative risk estimate for husband's smoking 1.25 (95% CI 1.14-1.37) for the studies that do provide data, and 0.89 (95% CI 0.78-1.03) for those that do not. Nor do they discuss various other sources of bias (recall bias, confounding, misclassification of smoking) that may create an artificial dose-response. (See Appendix A for further discussion of the evidence on dose-response, which also presents data showing that a dose-response relationship is not clearly evident for ETS exposure indices other than spousal smoking.)

5.14.5 Biological plausibility

No attempt is made to compare relative exposure to smoke constituents from ETS and mainstream smoke. The recent study by Phillips <u>et al</u> (35) suggests that, on average, exposure to particulate matter and nicotine from ETS is some thousands of times lower than that from active smoking. It is difficult to see how one can assess plausibility without taking into account the magnitude of exposure in relation to the magnitude of the claimed effect.

The comment "Since sidestream smoke does not pass through the lung filter it

contains up to 100 times the weight of carcinogens of mainstream smoke" is rather odd and irrelevant. Trédaniel <u>et al</u> ignore the fact that, unlike mainstream smoke, sidestream smoke is massively diluted and aged before it is inhaled.

The reference to the autopsy study of Trichopoulos <u>et al</u> is misleading in failing to point out that the index used (epithelial, possibly precancerous lesions) shows no relationship with active smoking, being similar in lifelong never smokers as in smokers of more than 40 cigarettes a day. Why was an index that is not associated with active smoking used in the context of exposure to ETS?

5.14.6 Animal evidence

Trédaniel <u>et al</u> cite the Reif study (36) as finding a weak relationship. This seems misleading as the relative risk observed was not even close to being statistically significant. They do not refer to the short-term (up to 90 day) ETS inhalation studies that have been done, which show no meaningful changes despite exposure to levels of ETS constituents being much higher than those typically encountered.

5.14.7 Analogy

Trédaniel <u>et al</u> do not make it clear that linear extrapolation from active smoking data would indicate a much lower risk resulting from ETS exposure than might be suggested by the relative risk of 1.13 for smoking by the husband. They also incorrectly cite the dose-response relationship fitted by Doll and Peto. This is quadratic and not log-linear as claimed. Had they used the former the discrepancy in risk would have increased further. Trédaniel <u>et al</u> also fail even to mention the possibility that a threshold dose might exist.

5.14.8 Cessation of exposure

When examining whether any association is causal or not, evidence relating to reduction of risk given reduction of exposure is often considered very important. Trédaniel <u>et al</u> fail to make it clear that no such evidence exists here.

5.15 Public health impact

A number of the more recent papers by IARC have presented estimates of annual deaths per year due to ETS exposure.

In 1992, Boffetta and Saracci (9) referred to estimates from Canada, Australia and the United States, for the latter citing the estimate of 3820 lung cancer deaths a year from the draft, 1991, EPA report. For Europe, they noted that "a panel of experts has recently estimated the order of magnitude of lifetime excess risk of lung cancer due to domestic ETS exposure to be 1 per thousand persons habitually exposed. This risk corresponds, as a minimum, to several hundred deaths from lung cancer every year in the European Community."

The 1992 paper of Trédaniel <u>et al</u> (12) cited the estimates of Wells of US deaths in 1987, "3,000 cases of bronchogenic carcinoma, 11,000 other cancers, and 32,000 deaths due to heart disease."

The first 1993 paper of Trédaniel <u>et al</u> (13) cited estimates from a whole range of authors, including the EPA, Wells, Vainio, Wigle, Holman, Kawachi, Fong, Repace, Russell and Jarvis.

Similar references were made in the last 1994 paper of Trédaniel <u>et al</u> (18), from which the authors again stated that "it is, therefore, reasonable to assume that this risk corresponds, as a minimum, to several hundreds deaths, from lung cancer every year in the European Community."

These citations were always completely uncritical, never even suggesting weaknesses in any of these estimates, despite widely published criticisms. Papers

reporting much lower estimates are never cited. It is clear IARC have never actually carried out their own formal risk assessment.

6. <u>Discussion and summary of conclusions</u>

It is clear that the scientific quality of the various review papers produced by IARC is highly variable. Some of the papers are highly uncritical - for example, the 1989 paper by Trédaniel <u>et al</u> (5), when considering the data for children, presents a variety of tables listing associations reported in some studies, without making any attempt to discuss at all alternative explanations, seeming to regard evidence of association as evidence of a cause-and-effect relationship. Indeed some of the endpoints associated with ETS exposure are never given proper scientific consideration in any of the papers. Thus, the discussion of the evidence on heart disease is only very brief and superficial, even in the paper (12) giving most length to the subject; while the discussion of the evidence on health effects other than cancer in children (5, 12) is also very short and unsatisfactory. However, many of the papers, especially the longer ones, are much more critical than that, and a number of the more recent papers (9, 13, 16, 17, 18) contain sections concerning methodological limitations, sources of bias, and/or criteria for a causal association.

The most up-to-date and serious review papers are clearly those concerning cancer (13), possible effects of ETS exposure in pregnancy and childhood (16), non-neoplastic respiratory disease (17) and lung cancer (18). All are of a similar style and level of detail, presenting the results from the studies in tabular form with a brief textual description, discussing the various possibilities of bias, considering criteria for a causal association and then coming to a conclusion. While this general style is not an unreasonable one, there are a number of general limitations of the approach used. Thus:

- (i) criteria are not given for how studies are to be selected for consideration or are rejected as methodologically inadequate,
- (ii) weaknesses of specific studies are very rarely referred to, even though in some cases they are quite blatant,
- (iii) criteria are not given for selecting data from the studies to be presented in their tables,
- (iv) with the exception of the early Saracci and Riboli (6) paper, no attempt is ever made to carry out meta-analysis,
- (v) no attempt is ever made to investigate whether results for different studies are

significantly heterogeneous, and, if so, why this should be,

- (vi) although various sources of bias are considered, no formal calculations are ever made by IARC to try to judge their importance, though occasionally calculations made by others (e.g. with regard to bias due to smoker misclassification for lung cancer) are referred to,
- (vii) it is often not apparent quite how the criteria for causation have been applied to reach the conclusions cited.

It is also clear that relevant facts are not always drawn attention to, and that alternative views of the evidence are often not referred to.

Despite these limitations the conclusions drawn by IARC regarding childhood cancer (16), non-neoplastic respiratory disease (17) and cancers other than the lung (13) are generally not unreasonable, though I have referred to certain weaknesses of these papers in my detailed comments.

The conclusions drawn in relation to lung cancer are, however, very much open to criticism, both in the main review (18), which states that "the causal association between ETS exposure and lung cancer now seems well-established" and in the review of data on effects of exposure early in life which states that "there is some consistency of association between ETS exposure in childhood and the risk of lung cancers in adulthood". Both papers are superficial and misleading. A major problem is that no attempt is made to collect together systematically data relating to specific indices of exposure. As a result the authors do not even seem to realize, let alone make clear to the reader, that the overall data show no association whatsoever of risk of lung cancer with workplace ETS exposure, with childhood ETS exposure or with ETS exposure in social situations. Although there is some evidence of an association of lung cancer with spousal smoking, strongly biased selection of data in their summary tables gives a misleading impression that it is stronger than it actually is. The importance of various sources of bias is under-estimated, no attempt being made to quantify the magnitude of their effects in comparison with the magnitude of the claimed association. No systematic attempt is made to see whether the spousal smoking relative risk estimates are consistently seen in various subsets of the data, so that it is not made clear that there is no real evidence of an association with husband's smoking in (i) studies conducted in the USA, or in China, (ii) studies published after 1988, or (iii) studies of over 100 lung cancer cases. Failure to consider these important observations leads to misinterpretation of the overall evidence.

The section in the main paper on ETS and lung cancer on "proof of causation", which ends by concluding that "all the available data seem to fulfil at least to a reasonable degree, the criteria needed to accept a causal link between ETS and lung cancer among lifelong nonsmokers," is highly misleading. A review of the evidence should note <u>inter alia</u> that:

- there is no evidence of an association with any index of ETS exposure except for spousal smoking, where the evidence is weak and inconsistent,
- (ii) the evidence of an association is not specific to a particular histological type,
- (iii) the studies are subject to a number of potentially important biases,
- (iv) there is limited evidence of a dose-response for spousal smoking but this too is subject to biases,
- (v) the strength of the claimed association with spousal smoking is implausible bearing in mind the very small exposure to smoke constituents from ETS, and
- (vi) there are no supportive animal experimental data.

Given all this, it is difficult to see how the "causal association between ETS exposure and lung cancer" can be considered "well-established".

Overall, one must have considerable concern when IARC fail to apply adequate scientific standards when reviewing the literature. It is hoped that any future review of possible effects of ETS exposure in the IARC monograph series, being conducted by a panel of independent experts, would come to a more reliable interpretation of the data.

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TABLE 1

The 20 papers reviewed and the areas they consider

	First	Poss	sible healt	th effects ir	<u>n adults</u> Non-neo-	Possible in chile	effects <u>dren</u>	IARC st	tudies
<u>Ref</u>	author (year)	Lung <u>Cancer</u>	Other <u>Cancer</u>	Heart <u>Disease</u>	plastic <u>Resp Dis</u>	Childhood Cancer	Other Diseases	Cotinine	Lung <u>Cancer</u>
2	Saracci (1986)	1							
3	Riboli (1987)	1					\checkmark	\checkmark	
4	Kalandidi (1987)				\checkmark				
5	Trédaniel (1989)	1		\checkmark			1		
6	Saracci (1989)	1						1	\checkmark
7	Riboli (1990)			1				1	
8	Kalandidi (1990)	1							
9	Boffetta (1992)	1					1		
10	Trichopoulos (1992)	1							
11	Trichopoulos (1993)	1							
12	Trédaniel (1993)	1	1	1	1		1		
13	Trédaniel (1993)	1	1						
14	Saracci (1994)								1
15	Trédaniel (1994)	1					1		
16	Trédaniel (1994)	1				1			
17	Trédaniel (1994)				1				
18	Trédaniel (1994)	1							
19	Pearce (1995)							1	
20	Riboli (1995)							1	
21	Riboli (1995)							1	

TABLE 2

A comparison of relative risks for spousal smoking cited by various sources Earlier studies

Study/			Saracci &		EP	A	Trédaniel
year		Sex	Riboli (6)	Lee	Crude	Adjusted	<u>et al (18)</u>
~ ~		_					
Garfinkel	1981	F	1.18	1.17	-	1.17	1.27,1.10
Chan	1982	F	0.75	0.75	0.75	-	0.75
Correa	1983	F	2.03	2.07	2.07	-	1.5,3.1
		М	2.29	1.97	-	-	-
Trichopoulos	1983	F	2.11	2.08	2.08	-	1.9,1.9,2.5
Buffler	1984	F	0.80	0.80	0.81	-	Omitted
		Μ	0.50	0.51	-	-	Omitted
Gillis	1984	F	1.00	Super	rseded by re	sults of	
		Μ	3.25	He	ole (1989) st	tudy	
Hirayama	1984	F	1.63	1.45	1.53	1.64	1.4,1.4,1.6,1.91
		Μ	2.25	2.25	-	-	-
Kabat	1984	F	0.79	0.79	0.79	-	0.79
		Μ	1.00	1.00	-	-	1.00
Garfinkel	1985	F	1.23	1.23	1.31	-	1.2,1.2,1.1,2.1
Wu	1985	F	Omitted	1.20	1.41	1.20	1.4,1.2
Akiba	1986	F	1.48	1.50	1.52	1.50	1.3,1.5,2.1
		Μ	2.45	1.80	-	-	-
Lee	1986	F	1.03	1.00	1.03	-	1.03
		Μ	1.30	1.30	-	-	-
Humble	1987	F	2.16	2.20	2.34	2.20	See Table 3
Koo	1987	F	1.54	1.64	1.55	1.64	1.83,2.56,1.21
Pershagen	1987	F	1.27	1.20	1.28	1.20	1.00,3.20
Knoth	1983		Omitted	Omitted	Om	itted	Omitted
Miller	1984		Omitted	Omitted	Om	itted	Omitted
Ziegler	1984		Omitted	Omitted	Om	itted	Omitted
Sandler	1985		Omitted	Omitted	Om	itted	Omitted
Dalager	1986		Omitted	Omitted	Om	itted	Omitted

TABLE 3

A comparison of relative risks for spousal smoking cited by various sources Later studies

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 ¹ Estimated by EPA from data by level
 ² EPA data for different exposure index
 ³ Lee estimate is weighted average of estimates for two subsets

 ⁴ Kalandidi presented 2 adjusted estimates
 ⁵ EPA estimate from 1991 paper, others from 1994 paper